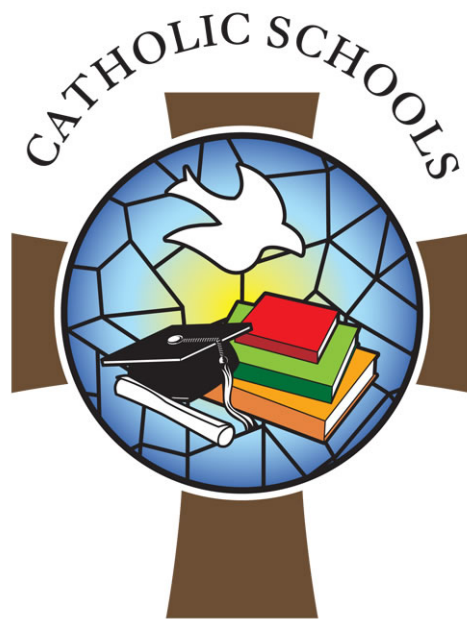


*Archdiocese of San Antonio*  
Archdiocesan Interscholastic Athletic League  
AIAL  
**Constitution and Handbook**



Archdiocese of San Antonio

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**Items in bold print are the revisions effective 8/08**

**Sportsmanship, Ethics, and Integrity in Catholic Schools**  
**Archdiocese of San Antonio**

**Mission Statement**

The primary goal of the sports program in the Archdiocesan Interscholastic Athletic League is to represent Christ by exhibiting good sportsmanship through participation in and learning the basic fundamentals of our sports program, always keeping in mind that winning is not everything. Good sportsmanship is viewed by the AIAL as a commitment to Christian values of fair play, ethical/moral behavior and integrity. In perception and practice, sportsmanship is defined as those Christian qualities which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all activity disciplines. Individuals, regardless of their roles in activities, are expected to be aware of their influence on the behavior of others and model good sportsmanship.

**Expectations of Coaches**

All coaches assume certain obligations and responsibilities to the game they coach, to the players, and to their fellow coaches. It is essential that every member of the coaching staffs in Catholic schools be constantly aware of these obligations and responsibilities with the purpose in mind that the coaching profession will always remain an honorable calling and that each member is to conduct himself/herself in such a manner as to maintain the dignity and decency of his/her profession.

Respect and uphold the dignity of all athletic participants.

Set a good example always for participants and fans to follow, exemplifying the highest moral and ethical behavior.

Instruct participants in proper sportsmanship responsibilities and demand that they make sportsmanship the No. 1 priority.

Respect the judgment of contest officials, abide by rules of the event, and display no behavior that could incite the fans.

Treat opposing coaches, participants, and fans with respect. Shake hands with officials and opposing coach in public.

Develop and enforce penalties for participants who do not abide by sportsmanship standards.

Acquaint oneself thoroughly with the rules of the game. Study and frequently review official rule books. Teach and interpret the rules to the players.

Use no unsportsmanlike tactics in any games (e.g. running up the score, "beating the rules", etc.)

**Archdiocesan Interscholastic Athletic League  
AIAL Constitution**

**Article I – Name**

The organization shall be known as the “Archdiocesan Interscholastic Athletic League”

**Article II – Objective**

**Section 1:**

The Archdiocesan Interscholastic Athletic League assists the member schools in the advancement of interscholastic athletic competition.

**Section 2:**

The Archdiocesan Interscholastic Athletic League assists in the preparation of future adults who are to foster Catholic values in a spirit of fair play, team cooperation and good fellowship.

**Article III – Governing Body**

**Section 1:**

The governing body of the Archdiocesan Interscholastic Athletic League shall consist of the Superintendent of Catholic Schools, the Principals or their assigned administrative designate, the Athletic Director of the member school and the League Commissioner.

**Section 2:**

The governing body shall act as the policy making group for the member schools.

**Section 3:**

The annual meeting of the governing body shall be the last meeting of the school year.

**Section 4:**

The governing body shall hold four general meetings annually.

**Section 5:**

The governing body shall set the annual dues and approve the operating budget.

**Article IV – Membership**

**Section 1:**

Membership in the league shall be open to any Catholic Private or Parish school in the Archdiocese of San Antonio.

**Section 2:**

Any Catholic Private or Parish school may apply for membership by subscribing to the constitution and the rules of the AIAL. The Executive Board will rule on the application and if the ruling is favorable, the school shall be accepted for a probationary period.

**Section 3:**

To be eligible for AIAL membership, a school may not be a member of another comparable organization or a member of an organization that would preclude its participation in AIAL district or play-off competition.

**Section 4:**

The Executive Board may disqualify a member school which has not paid its annual dues by the date set by the Board.

**Section 5:**

Each member school is responsible for assuring that all athletes representing the school are adequately covered against injury by liability and medical insurance. The school will have on file any documentation necessary to release the school from liability: a waiver, signed by a student's parent or legal guardian, releasing the school from liability and proof of medical insurance coverage. Each student athlete is required to have a record of physical examination on file at the beginning of his/her participation in any sport and, thereafter, prior to renewed participation following an injury or serious illness. Physical examinations are valid for a period of one year from the date shown on the Physical examination form. Physical examination forms that will expire during a sports season that is currently in progress will remain valid through the conclusion of the current sports season as per the starting dates listed on the AIAL calendar. Failure to maintain updated information will result in Executive Board action.

**Section 6:**

Each member school is responsible for assuring that all coaches representing the school have on file a criminal background clearance and certificate documenting that they have viewed the video and received a copy of the "Policy on Sexual Misconduct on the Part of Church Personnel of the Archdiocese of San Antonio". Volunteer coaches may, at their discretion, purchase Volunteer Accident Insurance through the Archdiocese. They are covered for liability through the Archdiocese. However, there is no coverage for intentional or criminal acts.

**Article V – Annual Meeting**

**Section 1:**

The annual meeting of the governing body of member schools shall be held at the end of each school year.

**Section 2:**

At this meeting, matters pertaining to the League shall be discussed. Any changes in the AIAL constitution made at this meeting shall be made by two-thirds (2/3) majority vote of the member schools present and voting. Each member school present at this meeting shall be entitled to two votes, which shall be cast by the chief administrator, or principal or duly authorized delegate, and the Athletic Director from the member school.

## Article VI – Officers

### Section 1:

The executive administration and control of this League shall reside in the League Executive Board

### Section 2:

The League Executive Board shall consist of the following officers: Superintendent or his/her designee, President, Treasurer, Secretary, League Commissioner, two Principals and two Athletic Directors from the member schools.

### Section 3:

Officers shall be elected at the annual meeting for a one year term. Voting will be by the governing body with each school entitled to two votes cast by the Principal (or assigned administrative designate) and the Athletic Director. The League Commissioner will receive an annual stipend for his/her services, the amount to be determined by the Executive Board. The Superintendent or his/her designee will conduct an annual evaluation of the performance of the League Commissioner with input from principals and athletic directors.

### Section 4:

Newly elected officers will take office at the close of the annual meeting of the year.

### Section 5:

In the event a vacancy shall occur on the League Executive Board prior to a regular election, the President appoints a replacement to fill the unexpired term of any vacated officer's position. If the vacancy occurs in the position of League President, the position will be filled by a vote of the governing body.

### Section 6:

The League Executive Board will serve as the Administrative Council for this League. Among its duties and responsibilities shall be: 1) to administer the affairs of the League; 2) to inaugurate new athletic contests; 3) to create new conferences and sports competitions; 4) to set up plans for competition and promote the same; 5) to prepare and distribute bulletins and other literature pertaining to its work; 6) to work with the Governing Body, the Protest Committee and the member schools; 7) to decide disputes that are appealed to it; 8) to furnish official interpretation of this constitution; 9) to use all the powers necessary to discharge these duties; 10) to review and revise, as necessary, areas of the AIAL Handbook.

### Section 7:

The Executive Board will meet four (4) times during the school year. These meetings will be held prior to each general meeting in order to prepare the agenda. Special meetings may be called at the discretion of the League President.

### Section 8:

The President of the League must be a Principal. All other officers may be Principals or Athletic Directors.

## Article VII – Duties of League Officers

### Section 1:

The Superintendent or his/her designee shall:

- a. Serve as moderator of the AIAL and promote adherence to its mission statement.
- b. Assure that all pertinent League and Archdiocesan policies are followed.
- c. Conduct an annual evaluation of the performance of the League Commissioner, with input from principals and athletic directors.

### Section 2:

The League President shall:

- a. Preside over all general League meetings, regular and extraordinary.
- b. Serve as chief administrative officer for the League and see that proper communication is maintained with all member schools.
- c. Solicit the advice and consent of fellow officers in dealing with matters which arise that are of vital interest to the League. Decisions in such matters shall be by two-thirds (2/3) majority vote of the League Executive Board.
- d. Handle all official correspondence with the membership.
- e. Make available to each school a copy of the AIAL Constitution and Handbook of Procedures.
- f. Perform other duties incidental to the office of the League President and chief executive officer of the League.
- g. Shall serve as spokesperson in all League affairs.

### Section 3:

The Treasurer shall:

- a. Preside over League meetings in the absence of the President.
- b. Collect all fees and dues and be responsible for their safekeeping.
- c. Prepare and disseminate the financial reports to all members at each general meeting.
- d. Keep records of income and disbursements from League funds.
- e. Pay operational debts of the League office.
- f. Purchase all awards for playoffs and events as authorized by the Executive Board.
- g. Perform other duties assigned by the President.

### Section 4:

The Secretary shall:

- a. Notify member schools of upcoming general meetings at least ten (10) days in advance.
- b. Keep minutes of all meetings, both executive and general.
- c. Distribute agendas and minutes of the meetings to all member schools.
- d. Perform other duties assigned by the President.

**Section 5:**

The Commissioner shall:

- a. Make all appointments to ad hoc committees.
- b. Act as chief administrative officer for the League, in the absence of the President, and see that proper communication is maintained with all member schools.
- c. Appoint Sports Coordinators for each AIAL sport.
- d. Assist and provide guidance to Sports Coordinators in working with member schools in the resolving of problems that arise from competition within the League.
- e. Develop and enforce the League calendar.
- f. Gather, review and notify member schools of any discrepancies on all eligibility lists.
- g. Create and maintain forms for gathering, organizing, and disseminating information to the schools.
- h. Handle all general correspondence with membership.
- i. Oversee the preparation and assembly of League rosters done by the Sports Coordinators.
- j. Collect, collate, select, and disseminate all information relating to the AIAL League teams.
- k. Compile the all sports points.
- l. Perform other duties incidental to the office of the Commissioner and chief executive officer.
- m. Review and forward any submitted protest to the chair of the Protest Committee.
- n. At the beginning of each school year, conduct an orientation for new Athletic Directors and coaches.

**Section 6:**

A Sports Coordinator will be appointed for each sport. Each Sports Coordinator will be directly responsible to the League Commissioner. The League Commissioner will provide a job description. Sports Coordinators will be required to attend a Sports Coordinators orientation prior to the start of their designated sports season.

- a. Serve as the chief administrator of the assigned sport in the absence of the League Commissioner
- b. Assist member schools and provide guidance to them in the resolving of problems that arise from competition within the designated sport.
- c. Assist the League Commissioner in the enforcement of the League calendar.
- d. Gather, review, verify, and notify member schools of any discrepancies on all eligibility lists.
- e. Maintain forms of gathering, organizing, and disseminating information to the member schools
- f. Compile all results and forward weekly standings to member schools as well as the League Commissioner.
- g. Upon completion, submit approved copies of all eligibility lists to the League Commissioner.

## **Article VIII – Protest Committee**

### **Section 1:**

The Protest Committee shall consist of three (3) Principals and two (2) Athletic Directors of the member schools. One member shall serve as chairperson. Each member shall have one vote. A member of the Committee shall be disqualified to act in a case in which his/her school is one of the schools involved. An alternate or alternates will be designated by the President and the Commissioner in the event that this occurs.

### **Section 2:**

The Protest Committee hears protest regarding eligibility and game rules infractions.

### **Section 3:**

A protest is allowed on eligibility questions and rules infractions; no protest is allowed on an official's judgment call.

### **Section 4:**

A written protest signed by both the Principal and Athletic Director must be submitted to the Commissioner with a \$50.00 security check within 72 hours of the infraction. If the protest is upheld, the \$50.00 security check will be returned. The submitted protest must clearly state the infraction and all pertinent information.

## **Article IX – League and District Organization**

### **Section 1:**

The League shall consist of a Boys' and Girls' A and B Division. Boy's and Girls' teams will be categorized in two classifications based on the combined total enrollment of the 6<sup>th</sup>, 7<sup>th</sup> and 8<sup>th</sup> grades of their respective schools. The classifications will be Class A for the smaller enrollments and Class AA for the larger enrollments. Placement in classifications will be determined by the enrollment of the previous year. Each classification will be divided into two districts. District alignment will be based primarily on the location of each school. The districts in Class A will be: District 2-A and District 3-A. The districts in Class AA will be: District 4-AA and District 5-AA. "B" Division teams will compete in the same category as their "A" Division teams.

### **Section 2:**

In the event that a district does not have a minimum of four teams competing, all teams will be placed into one district, with the top eight teams in the "A" Division qualifying for play-off competition. Classifications will apply to the following sports: Soccer, Volleyball, Basketball, Track & Field, Baseball and Softball. (Classifications and District organization can be put into effect for all other sports based on school commitments).

### **Section 3:**

For each school, both Boys and Girls must participate in three of the following sports:  
Girls – Basketball, Cross-country, Golf, Soccer, Softball, Tennis, Track and Field, Volleyball;  
Boys – Baseball, Basketball, Cross-country, Flag Football, Football, Golf, Soccer, Tennis, Track and Field, Volleyball. Exceptions are addressed by the Executive Board upon written request.

## **Article X – Championships**

### **Section 1:**

All tournaments, meets, and events beyond district will be sponsored by the League. Each year the Commissioner will seek member schools or groups to host such events.

### **Section 2:**

All schools that are entitled to participate beyond the district level through the AIAL qualification procedures must do so.

### **Section 3:**

The manner of seeding shall be the responsibility of the Commissioner.

## **Article XI – Eligibility Rules**

### **Section 1:**

A student enrolled in a member school that is in good and regular standing is permitted to participate in any League contest. He/she may not be failing more than one subject nor receive less than a 70% overall grade point average at the end of any progress reporting period or regular report card period. Ineligibility caused by failure or low grade point average lasts until the deficiency is removed as indicated by the progress report or regular report card.

### **Section 2:**

A student taking part in games or events of the AIAL shall be in no grade higher than the 8<sup>th</sup> grade of a member school and have not attained his/her 15<sup>th</sup> birthday on or before September 1 of the current school year in order to participate in Division (A) sports. A student shall be in no grade higher than the 7<sup>th</sup> grade and not attained his/her 14<sup>th</sup> birthday on or before September 1 of the current school year to participate in Division (B) sports. Students below the 5<sup>th</sup> grade are not eligible for AIAL competition.

### **Section 3:**

Any student-athlete transferring to a member school from another school and having participated on any "A" division team or 8<sup>th</sup> grade team, shall be eligible to participate on an "A" division team only after a 30 day waiting period from the date of enrollment, provided all other League requirements are met. No student-athlete may participate in an AIAL League play-off who has not participated in one-half (1/2) of the officially scheduled games set by the AIAL. This rule does not apply to a student-athlete who has changed residences to within the area of the Catholic school presently attended.

### **Section 4:**

A student on the eligibility list of an AIAL team in Flag Football, Football, Soccer, Volleyball, or Basketball may not be listed or participate in the same sport, on any other team, in any other organization during the same calendar season. The official ending date for Flag Football and Football will be the final regular date set by the League. The official ending date for all divisions in Soccer, Volleyball and Basketball will be the final Championship game of the AIAL playoffs.

Failure to follow the rule will constitute removal of the violating player(s) for the remainder of the season. The violating team will forfeit all League and District games in which the violating player(s) had participated. The violating team will be banned from advancing to Play-off competition. Matters pertaining to this rule which are reported after the season will be handled by the League Executive Board.

**Section 5:**

Once a player is promoted from (B) level to (A) level, he/she must remain at (A) level for the remainder of the season (League play only). Players promoted from (B) level to (A) level become eligible seven calendar days after being added to the official Eligibility list.

**Section 6:**

Eligibility forms for each sport are to be maintained by each school. A completed copy must be filed with the **Sports Coordinator/Commissioner** no later than the date set by the official calendar. **Failure to submit completed Eligibility lists by the designated date and time will result in forfeiture the first District/Conference game. If the eligibility list are submitted by the deadline, however are not completed properly (ex. Missing dates, signatures, illegible) the submitting school will have seven (7) calendar days from the original deadline to resubmit the corrected lists. Failure to submit the proper paperwork by the extended deadline will result in suspension from League and District play for the remainder of the season.**

**Section 7:**

No member school may offer inducements or proselytize any student or family member of any student to leave any school for the purpose of transferring to a member school.

**Section 8:**

Fifth graders are eligible to participate on an AIAL "A" team only if they are "exceptional athletes." A request containing justification for such designation must be submitted in writing to the League Commissioner and approval granted by the Executive Board before team participation. However, fifth graders are not eligible for tackle football. The seven day waiting period will apply.

**Article XII – Contests**

**Section 1:**

The League sponsors contests in Baseball, Basketball, Cross-country, Flag Football, Football, Golf, Soccer, Softball, Tennis, Track and Field, and Volleyball.

**Section 2:**

The time for holding district and play-off contests shall be in accordance with the calendar published by the Executive Board.

**Article XIII – Disputes**

Disputes between member schools will be resolved through the Executive Board

**Article XIV – Penalties**

Penalties for infractions of provisions contained in the AIAL Constitution and Handbook will be imposed by the Executive Board.

**Article XV – Employment of Coaches**

A school is eligible for competition in any sport only if its Athletic Director, and/or assistant Athletic Directors, and/or head coach of baseball, basketball, football, soccer, softball, track and field or volleyball is a full time employee of the school. No coach’s salary may be paid out of the gate receipts, nor may the salary be influenced by his/her team’s performance. The intent of this rule is to make one full-time employee, called Athletic Director, responsible for the conduct of the entire athletic program under the Principal.

**Article XVI – Amendments**

Proposed amendments to the Constitution may be initiated by either a member school or by the Executive Board. Amendments shall be made by two-thirds (2/3) majority vote of the member schools voting. Proposed amendments must be submitted to the League membership at least two weeks prior to the general meeting where they will be considered. Amendments to the League’s Handbook require approval of two-thirds (2/3) majority of the members of the Executive Board. Proposed amendments must be submitted to the Executive Board at least two weeks prior to the next Executive Board meeting.

**Article XVII – Sports Seasons**

The sports seasons are divided into the following categories: Fall, Winter, and Spring. The following sports activities will be offered during each of the seasons listed:

Fall	-	Cross-country	Spring	-	Baseball
		Flag Football			Golf
		Football			Softball
		Soccer			Tennis
		Volleyball			Track and Field
Winter	-	Basketball			

Beginning and ending dates for each sports activity will be set annually by the Commissioner.

## **Handbook of Procedures**

### **Rules for Admission into the AIAL**

1. The chief administrator or principal of a school interested in joining the AIAL requests acceptance into the League in writing. Such request shall be directed to the President indicating a willingness to follow the AIAL rules and guidelines.
2. The Commissioner shall determine to which classification and district the new member school would logically be assigned.
3. The Executive Board is empowered to accept the applying school for a one year probationary period. Schools on probation may not compete for honors nor advance to play-off competition in any sport that provides for such honor. Individuals from such schools may receive individual awards or honors.
4. After the probationary period, full admission will be voted upon by the governing body. A two-thirds (2/3) majority of those schools voting shall be required for admission.

### **General Meetings**

Seventy percent (70%) representation of the voting members shall constitute a quorum at any meeting.

### **Absences**

1. After two consecutive unexcused absences, a school will automatically be placed on probation for one calendar year.
2. Reinstatement from probation must be by a two-thirds (2/3) majority vote of the Governing Body.

### **Order of Business**

The regular order of business of the AIAL meetings shall be as follows:

1. Prayer
2. Roll call
3. Minutes from previous meeting
4. Financial report
5. Superintendent's report
6. Old business
7. New business
8. Committee reports/Appointment of Committees
9. Election of officers (Final meeting)
10. Adjournment

## General Rules

1. Playing equipment will be determined at the regular meeting by the membership. The designated Home team will be responsible for providing the game officials with the approved game ball displaying the NFHS symbol. Should the designated Home team fail to furnish the appropriate game ball; the visiting team will have the option of providing the necessary game ball. In the case where neither team can furnish an approved game ball, the administrators and/or head coaches will determine what ball will be used.
2. In all season assignments, the Commissioner or Sports Coordinator shall be responsible for contracting officials at the beginning of the season. The officials used must be members of an AIAL approved official's association. Official's fees will be paid by the designated home team. The home team contacts the officials' association in an emergency and informs the Commissioner of this exception.
3. Master schedules will be made by the Commissioner. It will be the duty of the coaches to arrange their schedules and submit a final copy to the Commissioner by the date listed on the official calendar.
4. Postponement of outdoor games due to bad weather is permissible when agreed upon by the administrators of the respective schools and the Commissioner. If administrators are not available, then a brief statement signed by both coaches will be allowed. If lightning is imminent, the game shall be temporarily suspended and postponed if necessary. A game will be rescheduled at the earliest possible date by the Commissioner after conferring with both schools' representatives.
5. **All Athletic Directors and coaches must attend one (1) mandatory AIAL new Athletic Director and coaches in-service prior to being listed as the Athletic Director, Head or Assistant coach of the sport of which he/she will coach . These in-services are held at the beginning of each sports season. Failure to maintain any and all necessary personnel documentation will result in disciplinary action taken by the AIAL Executive Board. Disciplinary action taken may range from forfeiture of athletic contests to League suspension.**
6. Keeping the AIAL's philosophy regarding the expectations of coaches in mind, the following limitations on the number of coaches allowed per team is as follows: Tackle Football and Flag Football – Head Coach, (3) Assistant Coaches: Cross-country, Soccer, Volleyball, Basketball, Track and Field, Baseball Softball, Tennis, Golf – Head Coach, (2) Assistant Coaches.  
Effective August 2004, the AIAL will implement the following policy regarding coaches' conduct during athletic contest. This is to insure that all Athletic Directors and coaches adhere to the guidelines given in the Expectations of Coaches on page 1 of the AIAL Constitution and Handbook. Any AIAL Athletic Director or coach who receives a reprimand

for unsportsmanlike conduct (ex. Technical foul, yellow card, etc.) which does not result in an ejection must report the incident to the League Commissioner within thirty-six (36) hours after the incident. The opposing school is also responsible for notifying the League Commissioner. The violating school's Athletic Director will be responsible for submitting an AIAL Athletic contest incident report to the League Commissioner signed by both the Athletic Director and Principal. This information will be made available to the AIAL Executive Board for review and further action. Any AIAL Athletic Director or coach who is ejected from any athletic contest for unsportsmanlike conduct will follow the same procedures listed above. In addition, the violating Athletic Director or coach will serve a two game suspension immediately following the incident. The two game suspension does not allow the violating coach to assist with any other teams during the term of the suspension. An ejection that occurs during any AIAL play-off tournament will result in suspension from coaching any team for the remainder of the tournament. The AIAL Executive Board will review all areas of disciplinary action taken against any Athletic Director or coach of the AIAL and will determine any further action to be taken above and beyond any of the guidelines listed in this article.

7. League champions will be determined as follows:

Flag Football	B-Division – League won/loss record A-Division – Single elimination playoff tournament - top four (4) teams or top three (3) teams from each district where applicable
Football	League won/loss record or playoff between first and second half winners.
Cross-country	Lowest team total each division Point total taken from the top five (5) runners from each school in each division
Volleyball	B-Division – League or district won/loss record A-Division – Single elimination playoff tournament - top six (6) teams in each classification; three (3) teams from each district where applicable (Girls)
Soccer	B-Division – League or district won/loss record A-Division – Single elimination playoff tournament – top four (4) teams or three (3) teams from each district where applicable
Basketball	B-Division – League or district won/loss record A-Division – Single elimination playoff tournament – top six (6) teams in each classification; three (3) teams from each district where applicable (Boys and Girls)
Track	Highest team total in each classification and division

Baseball	B-Division – League or district won/loss record A-Division – Single elimination playoff tournament – top six (6) teams in each classification, three (3) teams from each district where applicable
Softball	B-Division – League or district won/loss record A-Division – Single elimination playoff tournament – top six (6) teams in each classification, three (3) teams from each district where applicable
Tennis	League won/loss record

**Golf**

In those sports which have District play established, District champions will be determined by the best won/loss record based on those games played within the district.

8. Awards shall be issued at the end of each sport season. Awards are as follows:

Cross-country	League champion and runner-up team trophy in each division 1 <sup>st</sup> and 2 <sup>nd</sup> place individual trophy or medal in each division 3 <sup>rd</sup> thru 6 <sup>th</sup> place ribbons in each division
Flag Football	1 <sup>st</sup> and 2 <sup>nd</sup> place team trophy (B and A division regular season) League champion and runner-up team trophy (A division playoffs) Twenty-seven (27) All-League/District selections (A-division)
Football	League champion and runner-up team trophy Twenty-seven (27) All-League/District selections (A division)
Golf/Tennis	League champion and runner-up team trophy Individual division champion and runner-up
Soccer	1 <sup>st</sup> and 2 <sup>nd</sup> place team trophy (B and A division regular season) Twenty-seven (27) All-League/District selections (A division) League champion and runner-up team trophy (A division playoffs) Eleven (11) All-Tournament selections (A division playoffs)
Volleyball	District/Conference champion and runner-up team trophy (B and A division regular season) Fifteen (15) All-League/District selections (A division) League champion and runner-up team trophy (A division playoffs) Nine (9) All-Tournament selections (A division playoffs)
Basketball	District/Conference champion and runner-up team trophy (B and A division regular season) Fifteen (15) All-League/District selections (A division) League champion and runner-up team trophy (A division playoffs) Nine (9) All-Tournament selections (A division playoffs)

Track	League champion and runner-up team trophy in each division 1 <sup>st</sup> , 2 <sup>nd</sup> and 3 <sup>rd</sup> place medals/4 <sup>th</sup> thru 6 <sup>th</sup> place ribbons (A division) 1 <sup>st</sup> thru 6 <sup>th</sup> place ribbons (B division) Medals for those participants who set new League records
Baseball/ Softball	District/Conference champion and runner-up team trophy (B and A division regular season) Fifteen (15) All-League/District selections (A division) League champion and runner-up team trophy (A division playoffs) Nine (9) All-Tournament selections (A division playoffs)

All Tournament selections will be voted on by those coaches whose teams are participating in the playoff tournament.

9. The winning teams will contact the Commissioner to report scores from completed games. Failure to report scores on a WEEKLY basis will result in the assessment of a \$25.00 fine for the first offense and a \$35.00 fine for every offense thereafter.
10. Starting dates for practice and games will be set by the Commissioner. No member school is allowed to begin practice in any sport before the set date.
11. The AIAL will reimburse the League officers for any League related expenses that they may incur. Officers will keep a record of these expenses and make them available to the Treasurer.
12. The AIAL under the direction of the League Commissioner and Treasurer will compensate those individuals selected to assist with any AIAL Championship tournament or event.
13. In keeping with an atmosphere of sportsmanship, all noisemakers will be prohibited in gym facilities during season games, tournaments and playoffs.

**14. Tiebreaker:**

**Where time allows the League Executive Board may authorize a single game to resolve a tie. The one game playoff is for "A" division only. Where time does not permit scheduling to resolve a tie the following will be the deciding factor:**

- 1<sup>st</sup> tiebreaker – Head to head match-up**
- 2<sup>nd</sup> tiebreaker- Positive point system (Use of scores from head to head match-up)**
- 3<sup>rd</sup> tiebreaker – Coin toss**  
(The use of a coin toss will involve a representative from each school or their designee and the League Commissioner.)

**Off Season/Summer Athletic Participation**  
**(Approved by the AIAL Board October 14, 2003)**

Regulations covering off season and/or summer athletic participation and attendance at summer athletic camps are to be observed. The purpose of these rules is to safeguard the eligibility of student-athletes by providing students, parents, and school coaches a copy of applicable regulations.

1. Schools Personnel's Involvement with Non-School Competition

The AIAL rules restrict school team sports coaches from coaching student-athletes from their school in non-school athletic activities.

Baseball, Basketball, Football, Flag Football, Soccer, Softball or Volleyball teams:

B-Division or A-Division coaches shall not provide instruction in a non-school camp or clinic or coach a non-school team on which B-Division or A-Division students from his/her school are involved, other than his/her own adopted or birth children. School coaches shall not require student-athletes to participate in non-school activities. Participation in non-school activities is strictly voluntary and can never be used as a prerequisite for trying out for a school team.

- It is a violation for school coaches to specify to a non-school coach what offense to use, which drills to use or which students should participate or not participate on a specific team.
- It is a violation for a school coach to ask school players to participate on any non-school team or to play on a specific non-school team.
- It is a violation for a school coach to make arrangements with another coach to hold competitions or scrimmages for their teams.

The penalties that may be imposed by the AIAL Executive Board on member schools and their coaches who violate any off-season or summer participation guidelines are reprimand or suspension for a period of one day to three years.

2. Leagues Organized by School Personnel

School coaches may assist in organizing, selecting coaches, and may supervise school facilities for non-school activities. School coaches shall not coach or instruct student-athletes from their school in the team sports of baseball, basketball, Football, flag football, soccer, softball, or volleyball. For non-school competition school coaches shall not schedule practices or contests for student-athletes from their school. There is no limit on the number of students from the same school on the same team/squad if school coaches are not coaching any of their own student-athletes.

### 3. Camps and Clinics

Camps where school personnel do work with their own student-athletes.

The school may sponsor the following type of camp: In May after the last day of school and prior to the last day of June, all student-athletes may attend one camp, in which instruction is given in each team sport, and which a coach from their school works with them, under the following conditions.

1. Attendance at each type of sports camp is limited to no more than five consecutive days.
2. Contact football activities are not permitted in these camps.
3. Fees for all student-athletes shall be paid by the student and/or their parents.
4. The school may furnish school owned equipment, with the following restrictions:
  - a. The schools may not furnish any individual baseball, basketball, football, soccer, softball, or volleyball player equipment including uniforms, shoes, caps, gloves, etc., but may furnish balls and court equipment including nets, standards, goals, etc., for volleyball, basketball and soccer camps.
  - b. For football camp, the school may furnish hand dummies, stand up dummies, passing and kicking machines and footballs. Use of any other football equipment, including helmets and contact equipment is prohibited.
  - c. For baseball and softball camps, the school may furnish balls, bats, bases, pitching and batting machines, batting helmets and catcher protective equipment. Use of any other baseball or softball equipment is prohibited.

### 4. Private Instruction

School coaches are prohibited from providing instruction to student-athletes from their own school in team sports in the off-season and during the summer. Parents who serve as school coaches are not prevented from instructing their own adopted or birth children during these times.

### **Athletic Plan – Cross-country**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all AIAL meets.
3. **The AIAL meet is to be scheduled during the 3<sup>rd</sup> week in September.**
4. Students may participate in open and progressive meets and/or recreational meets during the summer.
5. Girls and Boys will compete separately.
6. The distance is approximately one and one-half miles (1 ½).
7. **A team is comprised of a maximum of seven (7) runners per division, with a minimum of five runners to compete for team awards.**
8. Each school participating is to have two representatives (coaches preferred) available to help where needed.
9. Reminder – National Federation of State High School Association rules will be followed.

### **Athletic Plan – Soccer**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. No school team or student shall compete in more than fifteen (15) league or non-league games and three (3) invitational tournaments in a season. The AIAL playoff tournament shall follow the regular schedule and conclude the season.
4. Two (2) scrimmages are allowed prior to the start of the regular season.
5. No team or contestant shall play more than two scheduled league or non-league contests per calendar week.

**EXCEPTION:** An additional game may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.

6. No school team shall participate in an invitational tournament held on a Monday, Tuesday, or Wednesday, except on a school holiday.
7. A school team must play all regular season or District games (where applicable) to be eligible for Playoff honors. A forfeited regular season or District game will result in suspension from AIAL League playoffs.
8. The AIAL playoff tournament will be held at a regulation facility so that the Championship game will be completed no later than the last day of October. Certification date for all playoff representatives is to be no later than Saturday of the week preceding the tournament.
9. Playoff structure will be as follows:  
(Single elimination format)
 

First round	1 <sup>st</sup> place finisher vs. 4 <sup>th</sup> place finisher
	2 <sup>nd</sup> place finisher vs. 3 <sup>rd</sup> place finisher
Final round	League Championship between first round winners
10. Assistance with Crowd Control at the League tournament:  
Each school participating in the AIAL playoff tournament will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Tournament Director prior to the start of the game in which their schools are involved. Each one of these persons will be responsible for assisting with security and crowd control in their school's area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.
11. Reminder – National Federation of State High School Association rules will be followed.

### **Athletic Plan – Volleyball**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. No school team or student shall compete in more than fifteen (15) league or non-league games and three (3) invitational tournaments in a season. EXCEPTION: "B" Division teams are allowed four (4) invitational tournaments in a season. The AIAL playoff tournament shall follow the regular season and conclude the season.
4. Two (2) scrimmages are allowed prior to the start of the regular season.

5. No team or contestant shall play more than two scheduled league or non-league contests per calendar week.

EXCEPTION: An additional; game may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.

6. Both "B" and "A" divisions will be using the scoring format listed below:

- 2 out of 3 to 25 points (cap at 30)
- 3<sup>rd</sup> game to 15 (no cap)
- The let serve shall be allowed
- Each team shall be allowed two time-outs per game
- By mutual consent, teams may play the third game of a match even if the same team has won the first two games. Any student who has not played in the first two games must be allowed to participate in the entire third game.

Warm-up procedures: It is recommended that schools use a ten minute warm-up procedure. Each team will have the court for four minutes. Both teams will share the court for the last two minutes for serves.

7. No team or contestant shall play in more than three (3) matches per calendar day, except contestants or teams may play four (4) matches per calendar day in a one day tournament scheduled on a Saturday.
8. Boys may not compete on girls Volleyball teams.
9. No school team shall participate in an invitational tournament held on a Monday, Tuesday, or Wednesday, except on a school holiday.
10. A school team must play all regular season or District games (where applicable) to be eligible for playoff honors. A forfeited regular season or District game (where applicable) will result in suspension from AIAL League Playoffs.
11. The AIAL Playoff tournament will be held at a regulation facility so that the Championship game will be completed no later than the last day of October. Certification date for all playoff representatives is to be no later than Saturday of the week preceding the tournament.

12. A-Division playoff structure will be as follows:  
(Single elimination format)

Class A

District 2 #3 vs. District 3 #2  
Winner vs. District 2 #1

District 3 #3 vs. District 2 #2  
Winner vs. District 3 #1

Class AA

District 4 #3 vs. District 5 #2  
Winner vs. District 4 #1

District 5 #3 vs. District 4 #2  
Winner vs. District 5 #1

13. Assistance with Crowd Control at the League Tournament:

Each school participating in the AIAL playoff tournament will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Tournament Director prior to the start of the game in which their schools are involved. Each one of these persons will be responsible for assisting with security and crowd control in their schools area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.

14. Reminder – National Federation of State High School Association rules will be followed.

#### **Athletic Plan – Track and Field**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all AIAL Meets.
3. The AIAL League Track meet will be held in the month of March or April. The League Executive Board will set the date according to the availability of a facility.
4. The type of meet will be a one or two day meet or as specified by the League Executive Board.
5. The following list of events will be used at the AIAL Track and Field meet in all divisions unless otherwise specified:

FIELD EVENTS: Shot put (4K), Discus (1K), Long jump, Triple jump, High jump

RUNNING EVENTS: 100 meter dash, 200 meter dash, 400 meter dash, 800 meter dash, 1600 meter run, 2400 meter run, 100 meter hurdles (girls), 110 meter hurdles (boys), 300 meter hurdles, 400 meter relay, 800 meter relay, 1600 meter relay

- |             |                   |                |
|-------------|-------------------|----------------|
| 6. Scoring: | Individual events | 10-8-6-4-2-1   |
|             | Relays            | 20-16-12-8-4-2 |
7. Entries: Three entries per school in each event, with the exception of relays, where only one team per school can enter.
  8. Number of events entered: A contestant may enter a maximum of three running events, (relays count as one running event); and a maximum of two field events, or visa-versa. No contestant shall enter in all three of the following: 1600, 800, or 400. During a two day meet in which the 2400 meter is run on the first day, no contestant shall enter in all three of the following: 1600 meter, 800 meter, 400 meter. In a one day meet, no contestant shall enter in more than two of the following events: 2400 meter, 1600 meter, 800 meter, or 400 meter.
  9. Field Events: Three trials per contestant.
  10. Race against time: First six places in each heat will be timed. The top six times in all heats combined will determine the top six finishers.
  11. Ties: Split points
  12. Workers: Each school involved may be asked to supply two workers.
  13. Assistance with Crowd Control at the League Track and Field meet:  
Each school participating in the AIAL Track and Field meet will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Meet Director prior to the start of the Track meet. Each one of these persons will be responsible for assisting with security and crowd control in their schools area as well as maintaining order with the guidelines set by the Meet Director.
  14. Reminder – National Federation of State High School Association rules will be followed.

**Athletic Plan – Softball**

1. Check the official AIAL Calendar for pertinent dates
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.

3. No team or student shall compete in more than twenty-five (25) games during the season. This includes the AIAL Playoff tournament.
4. Two (2) scrimmages are allowed prior to the start of the regular season.
5. No team or contestant shall play more than two scheduled league or non-league contests per calendar week.

EXCEPTION: An additional game may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.

6. Boys may not compete on girls Softball teams.
7. No school team shall participate in an invitational tournament held on a Monday, Tuesday, or Wednesday, except on a school holiday.
8. A school team must play all regular season or District games (where applicable) to be eligible for playoff honors. A forfeited regular season or District game (where applicable) will result in suspension from AIAL League Playoffs.
9. Games shall be six (6) innings or ninety (90) minutes. Where two games are scheduled, six (6) innings or seventy-five (75) minutes will be permitted provided both administrators and/or head coaches agree.  
**Regulation game: Provided four (4) innings have been completed**  
**The following run rule will be in effect: 15 run lead after 3 innings or 10 run lead after 4 innings**
10. Steel cleats/spikes are prohibited.
11. The AIAL Playoff tournament will be held at a regulation facility so that the Championship game will be completed no later than the second Friday in May. Certification date for all playoff representatives is to be no later than Saturday of the week preceding the tournament.
12. A-Division playoff structure will be as follows:  
 (Single elimination format)

Class A

Class AA

District 2 # 3 vs. District 3 #2  
 Winner vs. District 2 #1

District 4 #3 vs. District 5 #2  
 Winner vs. 4 #1

District 3 #3 vs. District 2 #2  
Winner vs. District 3 #1

District 5 #3 vs. District 4 #2  
Winner vs. District 5 #1

Where Districts do not apply:  
(Single elimination format)

#4 vs. #6  
Winner vs. #1

#3 vs. #5  
Winner vs. #2

13. Assistance with Crowd Control at the League Tournament

Each school participating in the AIAL playoff tournament will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Tournament Director prior to the start of the game in which their schools are involved. Each one of these persons will be responsible for assisting with security and crowd control in their schools area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.

14. Reminder – National Federation of State High School Association rules will be followed.

**Athletic Plan – Football**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. No team shall participate in more than twelve (12) games during the regular season and/or playoffs where a playoff system is set.
4. Only one scrimmage and one practice game or two (2) scrimmages, or two (2) practice games are permitted prior to the start of the regular season. These must take place at least seven (7) days prior to the first regular season game.
5. The AIAL Tackle Football program is open to students in grades 6 – 8 of a member school. Students in Grade 6 must weigh a minimum of **85 lbs.** to be eligible for AIAL Tackle Football. Students are not allowed to participate on another school's football team if their school does not offer the sport.

6. The maximum weight for participation in AIAL Tackle Football is **210** lbs. Athletes who exceed the **210** lb. limit at the official weigh-in are not eligible to play tackle football for the entire season.
  
7. Any player who weighs over 145 lbs. (130 lbs. for B-Division), at the official weigh-in is eligible to play the positions of center, guard, or tackle only on offense and is not allowed to participate in kick-offs or punt situations. This player may play any position on defense with the exception of safety on punt situations. This player under no circumstances can run the ball with the exception of a defensive player
  
8. All players will be weighed prior to the first game of the regular season as set by the League Commissioner and/or Football Coordinator and also when a challenge is requested. A school requesting a challenge must use the following format: A written request stating the player(s) name(s) and position(s) signed by the Principal and Athletic Director of the school submitting the challenge must be submitted to the League Commissioner no later than the Monday before the scheduled game. The athlete(s) in question will be weighed by the League Commissioner or his/her designate at the earliest date possible prior to the scheduled game. No athlete's weight can be challenged more than two times during any football season. The weight limit of 145 lbs. is allowed a seven (7) pound increase after the official weigh-in. If a player exceeds the seven (7) pound limit, the player will only be eligible for the positions outlined in Section #7.
  
9. Conditioning programs may begin seven (7) days prior to the start of regular practice. The only equipment permitted during this time is helmets.
  
10. No team shall hold football practice or training, and no equipment shall be issued prior to the starting date or at the close of football season.
  
11. A school team must play all regular season games to be eligible for Championship honors or playoff competition. A forfeited regular season game will result in removal of any championship honors or suspension from AIAL League playoffs. Tentative playoff system: The regular season will be divided into two halves. The first and second half winners will play to determine the League Champion. If the same team wins both the first and second half of the regular season they will be declared League Champion and no playoff will be necessary.
  
12. Assistance with Crowd Control at the League Football games:  
Each school participating in the AIAL Football program will be required to select one person officially designated by the school for crowd control. This person is responsible for assisting with security and crowd control in their school's area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.

13. Reminder – National Federation of State High School Association rules will be followed with the following exceptions:
  - a. Extra point conversions:  
Conversion by field goal – 2 points, conversion by run or pass – 1 point
  - b. In the event of a tie at the end of regulation, an overtime period will be implemented with each team having an opportunity to score starting at the 25 yd. line.  
(As per Federation guidelines) If a tie remains after the first overtime, a second overtime will be played. If a tie remains after the second overtime period the game will be recorded as a tie game.

#### **Athletic Plan – Basketball**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. No school or student shall compete in more than fifteen (15) league or non-league games and three (3) invitational tournaments during the season. Exception: “B” Division teams are allowed four (4) invitational tournaments in a season. The AIAL playoff tournament shall follow the regular season and conclude the season.
4. Two (2) scrimmages are allowed prior to the start of the regular season.
5. No team or contestant shall play more than two (2) scheduled league or non-league games per calendar week.  
  
EXCEPTION: An additional game may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.
6. No school team shall participate in an invitational tournament held on a Monday, Tuesday, or Wednesday except during a school holiday.
7. All games will be played using a six (6) minute stop clock unless agreed upon by both coaches to use an eight (8) minute running clock.
8. A school team must play all regular season or District games (where applicable) to be eligible for playoff honors. A forfeited regular season or District game (where applicable) will result in suspension from AIAL League Playoffs.

9. The AIAL Playoff tournament will be held at a regulation facility so that the Championship game will be completed by the second Saturday in February. Certification date for all playoff representatives is to be no later than Saturday of the week preceding the tournament.

10. A-Division playoff structure will be as follows:  
(Single elimination format)

Class A

District 2 #3 vs. District 3 #2  
Winner vs. District 2 #1

District 3 #3 vs. District 2 #2  
Winner vs. District 3 #1

Class AA

District 4 #3 vs. District 5 #2  
Winner vs. District 4 #1

District 5 #3 vs. District 4 #2  
Winner vs. District 5 #1

11. Assistance with Crowd Control at the League Tournament:

Each school participating in the AIAL playoff tournament will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Tournament Director prior to the start of the game in which their schools are involved. Each one of these persons will be responsible for assisting with security and crowd control in their school's area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.

12. Reminder – National Federation of State High School Association rules will be followed.

### **Athletic Plan – Baseball**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. No team or student shall compete in more than twenty-five (25) games during the regular season. This includes the AIAL Playoff tournament.
4. Two (2) scrimmages are allowed prior to the start of the regular season.
5. No team or contestant shall play more than two scheduled league or non-league contests per calendar week.

Exception: An additional game may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.

6. No team shall participate in an invitational tournament held on a Monday, Tuesday, or Wednesday, except on a school holiday.
7. A school team must play all regular season or District games (where applicable) to be eligible for playoff honors. A forfeited regular season or District game (where applicable) will result in suspension from AIAL League Playoffs.
8. Games shall be six (6) innings or ninety (90) minutes. Where two games are scheduled, six (6) innings or seventy-five (75) minutes will be permitted provided both administrators and/or head coaches agree.  
**Regulation game: Provided four (4) innings have been completed.**  
**The following run rule will be in effect: 15 run lead after 3 innings or 10 run lead after 4 innings**

9. Bases shall be a minimum of eighty-five (85) feet apart for teams competing in Class AA and a minimum of eighty (80) feet apart for teams competing in Class A. The pitching rubber shall be no less than fifty-six (56) feet from home plate. Should the above-mentioned distances be less than the minimum standards set, the visiting team may measure or request that the area(s) in question be measured by the home team. Should either area fall below the minimum distance, the home team will be responsible for correcting the error or be subject to rescheduling the game on another date.

10. Pitching rule:

Pitchers are limited to seven innings a day. A pitcher who throws one pitch in an inning will constitute a complete inning. Pitchers must have thirty-six (36) hours rest upon appearing in three innings or must have sixty (60) hours rest upon appearing in four or more innings. The rest rule is computed from the scheduled start time in which the pitcher last pitched. In a game which begins more than one hour after the scheduled starting time, the actual starting time of the game will be used. Violation of this rule will result in the removal of the pitcher from the line-up for the remainder of the game.

11. The AIAL Playoff tournament will be held at a regulation facility so that the Championship game will be completed no later than the second Friday in May. Certification date for all playoff representatives is to be no later than Saturday of the week preceding the tournament.

12. A-Division playoff structure is as follows:  
(Single elimination format)

Class A

District 2 #3 vs. District 3 #2  
Winner vs. District 2 #1

Class AA

District 4 #3 vs. District 5 #2  
Winner vs. District 4 #1

District 3 #3 vs. District 2 #2  
Winner vs. District 3 #1

District 5 #3 vs. District 4 #2  
Winner vs. District 5 #1

Where district do not apply:  
(Single elimination format)

#4 vs. #6  
Winner vs. #1

#3 vs. #5  
Winner vs. #2

13. Steal cleats/spikes are prohibited.
14. Assistance with Crowd Control at League Tournament:  
Each school participating in the AIAL playoff tournament will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Tournament Director prior to the start of the game in which their schools are involved. Each one of these persons will be responsible for assisting with security and crowd control in their schools area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.
15. Reminder – National Federation of State High School Association rules will be followed.

#### **Athletic Plan – Team Tennis**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. Students will be allowed to compete in singles, doubles or mixed doubles.
4. No team or contestant shall compete in more than two matches per calendar week.  
Exception: An additional match may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.
5. Practice may begin during the month of November. Match play will begin during the month of January.
6. Team Championship will be determined by the best won/loss record for the regular season.

### **Athletic Plan – Golf**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled tournaments.
3. The AIAL Golf tournament will be held during the month of April or May depending on the availability of a facility.
4. Girls & Boys will compete separately.
5. Tournament guidelines regarding individual and team play will be set by the Golf Coordinator.

### **Athletic Plan – Flag Football**

1. Check the official AIAL Calendar for pertinent dates.
2. Time is to be set aside for prayer before or after all practices, and prior to all scheduled games.
3. No school team or student shall participate in more than fifteen (15) games during the regular season and/or playoffs where a playoff system is set.
4. Only one scrimmage and one practice game, or two (2) scrimmages, or two (2) practice games are permitted prior to the start of the regular season.
5. No school team or student shall play more than two (2) scheduled league games or non-league games per calendar week.  
Exception: An additional game may be scheduled only if postponed due to inclement weather or scheduling conflicts. This request must be approved by the League Commissioner.
6. A school team must play all regular season or District games (where applicable) to be eligible for playoff honors or playoff competition. A forfeited regular season or District game (where applicable) will result in suspension from AIAL League Playoffs.
7. The AIAL tournament will be held at a regulation facility so that the Championship game will be completed no later than the last day of October. Certification date for all playoff representatives is to be no later than Saturday of the week preceding the tournament.

8. A-Division playoff structure is as follows:  
(Single elimination format)

First round      1<sup>st</sup> place vs. 4<sup>th</sup> place  
                         2<sup>nd</sup> place vs. 3<sup>rd</sup> place

League Championship between first round winners

9. Assistance with Crowd Control at League Tournament:

Each school participating in the AIAL playoff tournament will be required to select one person officially designated by the school for crowd control. This person is asked to report to the Tournament Director prior to the start of the game in which their schools are involved. Each one of these persons will be responsible for assisting with security and crowd control in their schools area and will be required to accompany their team at the end of the game to prevent physical abuse of the playing area.

10. Reminder – National Intramural-Recreation Sports Association rules will be followed.